



PENN STATE  
CREAMERY

# ICE CREAM

1/2 Gallon

## Black Raspberry

**INGREDIENTS:** whole milk, cream, sugar, nonfat dry milk, corn syrup solids, black raspberry base (black raspberries, sugar, corn syrup, water, ethanol, citric acid, sodium carboxymethylcellulose, sodium benzoate, red 40, blue 1), propylene glycol, mono esters, mono and diglycerides, cellulose gum, carrageenan, guar gum, vanilla. Contains milk

### Nutrition Facts

Serving Size 1/2 cup (66g)  
Servings Per Container 16

Amount Per Serving

**Calories 140**    **Calories from Fat 70**

% Daily Value\*

**Total Fat 8g**                    **12%**

Saturated Fat 5g                **25%**

Trans Fat 0g

**Cholesterol 30mg**            **10%**

**Sodium 35mg**                 **1%**

**Total Carbohydrate 14g**    **5%**

Dietary Fiber 0g               **0%**

Sugars 11g

**Protein 2g**

Vitamin A 6%                 • Vitamin C 2%

Calcium 8%                 • Iron 0%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

|                    |           | Calories: 2,000 | 2,500   |
|--------------------|-----------|-----------------|---------|
| Total Fat          | Less than | 65g             | 80g     |
| Saturated Fat      | Less than | 20g             | 25g     |
| Cholesterol        | Less than | 300mg           | 300 mg  |
| Sodium             | Less than | 2,400mg         | 2,400mg |
| Total Carbohydrate |           | 300g            | 375g    |
| Dietary Fiber      |           | 25g             | 30g     |

Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4