PENN STATE CREAMERY

ICE CREAM

1/2 Gallon

Cherry Quist

INGREDIENTS: milk,cream, sugar, nonfat dry milk, corn syrup solids, black cherries [cherries, sugar, corn sugar, citric acid, natural flavor, carrageenan, locust bean gum, red 40, blue 1, sodium benzoate], cherry sauce [black cherry pulp, sugar, citric acid, red 40, blue 1, red 3, sodium benzoate] propylene glycol, mono esters, mono and diglycerides, cellulose gum, carrageenan, guar gum, vanilla. Contains milk

Nutrition Facts

Serving Size 1/2 cup (66g)
Servings Per Container 16

Amount Per Serving

Calories 120	Calories from Fat 60
	% Daily Value*
Total Fat 7g	**11%**
Saturated Fat 4g	**20%**
Trans Fat 0g	
Cholesterol 25mg	**8%**
Sodium 30mg	**1%**
Total Carbohydrate 14g	**5%**
Dietary Fiber 0g	**0%**
Sugars 11g	
Protein 2g	

Vitamin A 6% • Vitamin C 2%

Calcium 8% • Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300 mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4