PENN STATE CREAMERY

# ICE CREAM

1/2 Gallon

## Chocolate Pretzel Crunch

INGREDIENTS: milk, cream, chocolate covered pretzels [chocolate liquor, sugar, milk, cocoa butter, soy lecithin, vanillin, wheat flour, malt, corn oil, yeast, salt, sodium bicarbonate], cocoa processed with alkali, sugar, nonfat dry milk, corn syrup solids, propylene glycol, mono esters, mono and diglycerides, cellulose gum, carrageenan, guar gum, vanilla. Contains milk, wheat, soy

## Nutrition Facts

Serving Size 1/2 cup (66g)
Servings Per Container 16

**Amount Per Serving**

| | |
|---|---|
| **Calories** 180 | Calories from Fat 70 |
| | **% Daily Value*** |
| **Total Fat** 8g | **12%** |
| Saturated Fat 4.5g | **23%** |
| Trans Fat 0g | |
| **Cholesterol** 20mg | **7%** |
| **Sodium** 95mg | **4%** |
| **Total Carbohydrate** 24g | **8%** |
| Dietary Fiber 1g | **4%** |
| Sugars 13g | |
| **Protein** 3g | |

Vitamin A 4% • Vitamin C 0%

Calcium 8% • Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

| | | Calories: | 2,000 | 2,500 |
|---|---|---|---|---|
| Total Fat | Less than | | 65g | 80g |
| Saturated Fat | Less than | | 20g | 25g |
| Cholesterol | Less than | | 300mg | 300 mg |
| Sodium | Less than | | 2,400mg | 2,400mg |
| Total Carbohydrate | | | 300g | 375g |
| Dietary Fiber | | | 25g | 30g |

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4