PENN STATE
CREAMERY

ICE CREAM

1/2 Gallon

Peanut Butter Swirl

INGREDIENTS: milk, cream, sugar, peanuts, peanut oil, non fat dry milk, corn syrup solids, propylene glycol, mono esters, mono and diglycerides, cellulose gum, guar gum, carrageenan, vanilla, salt, soybean oil. Contains milk, soy, peanuts

Nutrition Facts

Serving Size 1/2 cup (66g)
Servings Per Container 16

Amount Per Serving

Calories 170 Calories from Fat 100

	% Daily Value*
Total Fat 11g	**17**%
Saturated Fat 3.5g	**18**%
Trans Fat 0g	
Cholesterol 20mg	**7**%
Sodium 25mg	**1**%
Total Carbohydrate 15g	**5**%
Dietary Fiber 0g	**0**%
Sugars 11g	
Protein 4g	

Vitamin A 4% • Vitamin C 0%

Calcium 6% • Iron 0%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300 mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4