PENN STATE CREAMERY

ICE CREAM

1/2 Gallon

Spumoni

INGREDIENTS: milk, cream, sugar, nonfat dry milk, natural spumoni [pineapple, sugar, cranberries, raisins, high fructose corn syrup, black cherries, grapes, peaches, apples (contains sulfites), natural flavor, malic acid, locust bean gum, sodium bicarbonate, sodium benzoate, red 40, nutmeg], corn syrup solids, propylene glycol, mono esters, mono and diglycerides, cellulose gum, guar gum, carrageenan, vanilla. Contains milk

Nutrition Facts

Serving Size 1/2 cup (66g)
Servings Per Container 16

Amount Per Serving

Calories 140	Calories from Fat 70
	% Daily Value*
Total Fat 7g	**11%**
Saturated Fat 4.5g	**23%**
Trans Fat 0g	
Cholesterol 25mg	**8%**
Sodium 45mg	**2%**
Total Carbohydrate 17g	**6%**
Dietary Fiber 0g	**0%**
Sugars 14g	
Protein 2g	

Vitamin A 6% • Vitamin C 2%

Calcium 8% • Iron 0%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300 mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4