Penn State Univeristy
BERKEY CREAMERY

SHERBET

Lemon

Quart

INGREDIENTS: water,milk, corn syrup solids, sugar, cream, nonfat dry milk, lemon flavor [invert sugar, water, corn syrup, propylene glycol], acacia gum, locust bean gum, dextrose, mono and diglycerides, guar gum, polysorbate 80, pectin. Contains milk

Nutrition Facts

Serving Size 1/2 cup (86g)
Servings Per Container 8

Amount Per Serving

Calories 130	Calories from Fat 10
	% Daily Value*
Total Fat 1g	**2%**
Saturated Fat 0.5g	**3%**
Trans Fat 0g	
Cholesterol 5mg	**2%**
Sodium 15mg	**1%**
Total Carbohydrate 30g	**10%**
Dietary Fiber 0g	**0%**
Sugars 16g	
Protein 1g	

Vitamin A 2% • Vitamin C 0%

Calcium 2% • Iron 0%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less Than	65g	80g
Saturated Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300 mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4