Penn State Univeristy
BERKEY CREAMERY

SHERBET

Raspberry

Quart

INGREDIENTS: water, milk, corn syrup solids, sugar, nonfat dry milk, raspberry sauce [red raspberry pulp, high fructose corn syrup, corn syrup, pectin, carboxymethylcellulose, natural flavor, red 40, blue 1, citric acid, sodium benzoate], cream, locust bean gum, dextrose, mono and diglycerides, guar gum, polysorbate 80, pectin. Contains milk

Nutrition Facts

Serving Size 1/2 cup (86g)
Servings Per Container 8

Amount Per Serving

Calories 160	Calories from Fat 10
	% Daily Value*
Total Fat 1.5g	**2%**
Saturated Fat 0.5g	**3%**
Trans Fat --g	
Cholesterol 5mg	**2%**
Sodium 40mg	**2%**
Total Carbohydrate 34g	**11%**
Dietary Fiber 0g	**0%**
Sugars 30g	
Protein 1g	

Vitamin A 0% • Vitamin C 2%

Calcium 6% • Iron 0%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less Than	65g	80g
Saturated Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300 mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4