PENN STATE
CREAMERY

ICE CREAM

1/2 Gallon

Coffee

INGREDIENTS: cream, milk, sugar, nonfat dry milk, corn syrup solids, coffee, propylene glycol, mono esters, mono and diglycerides, cellulose gum, carrageenan, guar gum, vanilla.
Contains milk

Nutrition Facts

Serving Size 1/2 cup (67g)
Servings Per Container 16

Amount Per Serving

Calories 140	Calories from Fat 80
	% Daily Value*
Total Fat 9g	**14%**
Saturated Fat 5g	**25%**
Trans Fat --g	
Cholesterol 25mg	**8%**
Sodium 35mg	**1%**
Total Carbohydrate 14g	**5%**
Dietary Fiber 0g	**0%**
Sugars 14g	
Protein 3g	

Vitamin A 6% • Vitamin C 0%

Calcium 8% • Iron 0%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories:	2,000	2,500
Total Fat	Less than		65g	80g
Saturated Fat	Less than		20g	25g
Cholesterol	Less than		300mg	300 mg
Sodium	Less than		2,400mg	2,400mg
Total Carbohydrate			300g	375g
Dietary Fiber			25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4